

# BULK CEREAL



UPC	Product <sup>1</sup>	Case/Pack	Oz Equivalent Grain	Whole Grain-Rich	Gluten-Free	No Artificial Flavors or Colors from Artificial Sources	No High Fructose Corn Syrup	Made without Gelatin	Kosher Status	Serving Weight	Total Calories	Calories from Fat	Total Fat (g)	Total Fat %DV	Saturated Fat (g)	Saturated Fat %DV	Trans Fat (g)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Calcium % DV	Vitamin D % DV	Smart Snacks-Compliant <sup>4</sup>	CACFP-Eligible	
<b>BULK CEREAL</b>																										
100-21908-12772-6	<b>Cascadian Farm™ Oats &amp; Honey Granola</b> <span style="background-color: #90EE90; padding: 2px;">Organic</span> Bulk, delicious blend of honey-coated whole grain oats and crisp rice. Non-GMO. Certified organic. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/44 oz	2	√		√	√	√	Ⓢ	62g	270	63	7	10	1	5	0	55	46	3	14			◇		
100-16000-11977-9	<b>Cheerios™</b> <span style="background-color: #FFD700; padding: 2px;">Gluten-free</span> Bulk, toasted, whole grain oat cereal in ring-shaped pieces. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible and Smart Snacks-compliant.	4/29 oz	1.25	√	√	√	√	√	Ⓢ	39g	140	22.5	2.5	3	0.5	3	0	190	29	4	2			√	√	
100-16000-38391-0	<b>Chocolate Chex™</b> <span style="background-color: #FFD700; padding: 2px;">Gluten-free</span> Bulk, whole grain rice cereal with natural chocolate flavor. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/49 oz	1.5	√	√	√	√	√	Ⓢ	43g	180	13.5	3.5	5	0.5	3	0	270	36	2	11			◇		
100-16000-11813-0	<b>Cinnamon Toast Crunch™</b> Bulk, crisp, sweetened wheat and rice cereal made with real cinnamon. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/45 oz	1.25	√		√	√	√	Ⓢ <sup>d</sup>	41g	170	36	4	5	0	0	0	230	33	2	12			◇		
100-16000-13326-3	<b>Corn Chex™</b> <span style="background-color: #FFD700; padding: 2px;">Gluten-free</span> Bulk, oven-toasted, whole grain corn cereal. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	4/33 oz	1.25	√	√	√	√	√	Ⓢ	39g	150	9	1	1	0	0	0	280	33	2	4			◇	√	
100-16000-11989-2	<b>Golden Grahams™</b> Bulk, whole grain graham cereal in rectangular, ridged pieces. Made without gelatin. No artificial flavors, no colors from artificial sources and no high fructose syrup.	4/43.5 oz	1.25	√		√	√	√	Ⓢ <sup>d</sup>	40g	160	9	1	2	0	0	0	300	34	2	12			◇		
100-16000-11988-5	<b>Honey Nut Cheerios™</b> <span style="background-color: #FFD700; padding: 2px;">Gluten-free</span> Bulk, sweetened, whole grain cereal in ring-shaped pieces with real honey and natural almond flavoring. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/39 oz	1	√	√	√	√	√	Ⓢ	37g	140	18	2	3	0	0	0	210	30	3	12			◇		
100-16000-11965-6	<b>Kix™</b> Bulk, crispy, whole grain, corn-puffed cereal. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	4/25 oz	1.25	√		√	√	√	Ⓢ	40g	160	9	1	1	0	0	0	220	34	3	4			◇	√	
100-16000-11998-4	<b>Lucky Charms™</b> <span style="background-color: #FFD700; padding: 2px;">Gluten-free</span> Bulk, frosted, toasted, whole grain, oat-based cereal with marshmallow pieces. Gluten-free. No high fructose corn syrup.	4/35 oz	0.75	√	√		√			36g	140	13.5	1.5	2	0	0	0	230	30	2	12			◇		
100-16000-27111-8	<b>Nature Valley™ Granola - Oats 'n Honey</b> Bulk blend of whole grain oats and honey. Real pieces of Nature Valley™ Oats 'n Honey™ Bars. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup.	4/50 oz	1.75	√		√	√	√	Ⓢ	55g	260	81	9	12	1	5	0	190	39	3	15			◇		

# BULK CEREAL continued



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<b>100-16000-13325-6</b>	<b>Rice Chex™</b> <span style="background-color: #f4a460; padding: 2px;">Gluten-free</span> Bulk, oven-toasted, whole grain rice cereal. Made without gelatin. Gluten-free. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. CACFP-eligible.	4/33 oz	1.25	√	√	√	√	√	Ⓢ	40g	160	9	1	1	0	0	0	330	35	2	3			✦	√
<b>100-16000-11963-2</b>	<b>Trix™</b> Bulk, classic, fruit-flavored, sweetened, whole grain corn-puffed cereal. Made without gelatin. Smart Snacks-compliant.	4/32 oz	1.25	√			√	√	Ⓢ	39g	160	18	2	3	0	0	0	180	33	1	12			√	

- By requirements of the Richard B. Russell National School Lunch Act's (NSLA) Buy American provision in 7 CFR 210.21(d), all products in this guide are Buy American compliant.
- At least 48g of whole grain recommended daily.
- A serving of "whole grain-rich" food must meet portion size requirements for the Grains/Breads component as defined in FNS guidance and meet at least one of the following: (a) the whole grains per serving is 8g, (b) the product includes the FDA whole grain health claim on package, or (c) product ingredient listing lists whole grain first, or whole grain is listed second after water. Source: <http://www.gpo.gov/fdsys/pkg/FR-2012-01-26/pdf/2012-1010.pdf>
- Meets USDA Smart Snacks Final Rule Criteria/HUSSC.
- Item can credit toward oz equivalent grain as long as at least one serving per day, across all CACFP eating occasions, is whole grain-rich.

✦ This grain-only entrée does not qualify on its own to be sold as a competitive food, but can be served as a competitive food the same day as service or the following day if the school participates in the School Breakfast Program and has designated the item as the entrée in the reimbursable breakfast meal per the USDA Memo SP35-2014: <https://fns-prod.azureedge.net/sites/default/files/cn/SP35-2014os.pdf>

**As of October 2020. Subject to change. Visit [www.generalmillscf.com/k12](http://www.generalmillscf.com/k12) for the latest information. For more information, call 1.800.767.5404 or visit [www.generalmillscf.com](http://www.generalmillscf.com).**

