

LEADING THE WAY WITH



K-12 REGULATION READY

SCHOOL YEAR 2025-2026

CEREAL, YOGURT & GRANOLA THAT MEET
THE PRODUCT-BASED STANDARDS FOR ADDED SUGARS



31 CEREALS

THAT CONTAIN - 6G
ADDED SUGARS PER OZ



12 YOGURTS

THAT CONTAIN - 12G
ADDED SUGARS PER 6OZ

CEREAL BARS NOT INCLUDED IN THESE PRODUCT-BASED STANDARDS

SCHOOL YEAR 2027-2028

PRODUCTS THAT WORK WITHIN WEEKLY
SODIUM & ADDED SUGARS LIMITS

MANAGE ADDED SUGARS WITH CONFIDENCE

Boost participation with student favorite individually wrapped items and frozen baked goods that help you stay within weekly added sugars limits.

RENOVATION COMING SOON!



COMPARE THE ADDED SUGARS
IN OUR INDIVIDUALLY
WRAPPED MUFFINS TO THE
MUFFINS YOU MENU TODAY!

BALANCE SODIUM THROUGHOUT THE WEEK

Choose from 10 biscuit options in various sizes and sodium levels to meet your needs.

Biscuits & Brunch: The Perfect Lunch Combo!



LOOKING FOR A LOW-PREP OPTION?

Our 2 Grain & 1 M/MA Pillsbury™ Breakfast Scramblers are each <400mg of sodium. Great for breakfast in the classroom and grab & go!



BALANCE WEEKLY ADDED SUGARS AND SODIUM LIMITS WITH K-12 REGULATION READY PRODUCTS

Items listed below work within both SY25-26 Product-Based Standards for Added Sugars and SY27-28 Weekly Added Sugars & Sodium Limits. Some products when paired with other required meal components may exceed the Sodium or Added Sugars limits on a particular day; however, can be balanced across the week to meet the weekly average. See sample menu for an example.

UPC	PRODUCT DESCRIPTION	DISTRIBUTOR CODE	MEAL PATTERN EQUIVALENCY	SODIUM (MG)	ADDED SUGARS (G)
BISCUIT					
100-94562-31524-2	Pillsbury™ Frozen Biscuit Dough Easy Split™ Southern Style 2.2oz		2 Grain	430	1
100-94562-31151-0	Pillsbury™ Frozen Biscuit Dough Reduced Sodium* Southern Style 2.2 oz		2 Grain	430	1
100-94562-06252-8	Pillsbury™ Frozen Biscuit Dough Southern Style 2.2 oz		2 Grain	580	2
100-94562-32391-9	Pillsbury™ Frozen Baked Biscuits Reduced Sodium ⁸ Buttermilk 2.25 oz		2.25 Grain	410	1
100-94562-06331-0	Pillsbury™ Frozen Biscuit Dough Garlic & Cheddar 1.2 oz		1 Grain	380	1
100-94562-32267-7	Pillsbury™ Whole Grain-Rich Biscuit Dough 2.51 oz		2.25 Grain	290	2
100-94562-32268-4	Pillsbury™ Whole Grain-Rich Biscuit Dough Easy Split™ 2.51 oz		2.25 Grain	290	2
100-94562-10752-6	Pillsbury™ Frozen Biscuit Dough Easy Split™ Southern Style 2.51 oz		2.25 Grain	320	2
100-94562-32271-4	Pillsbury™ Whole Grain-Rich Baked Biscuit Easy Split™ 2.0 oz		2 Grain	310	2
100-94562-32272-1	Pillsbury™ Whole Grain-Rich Baked Biscuit Mini 1.0 oz		1 Grain	150	1
INDIVIDUALLY WRAPPED					
100-18000-13924-5	Pillsbury™ Breakfast Scrambler Egg & Cheese		2 Grain & 1M / MA	350	2
100-18000-13925-2	Pillsbury™ Breakfast Scrambler Egg, Cheese & Turkey Sausage		2 Grain & 1M / MA	390	2
100-18000-13561-2	Cinnamon Toast Crunch™ Muffin		2 Grain	260	20
100-18000-13562-9	Trix™ Muffin		2 Grain	260	19
100-18000-38399-0	Pillsbury™ Mini Bagels Cinnamon Creamy Cheese		2 Grain	180	12
100-18000-38413-3	Pillsbury™ Mini Bagels Strawberry Creamy Cheese		2 Grain	190	12
100-18000-32264-7	Pillsbury™ Blueberry Bash™ Mini Waffles		2 Grain	170	11
100-18000-32265-4	Pillsbury™ Maple Madness™ Mini Waffles		2 Grain	170	12
100-18000-37309-0	Pillsbury™ Cinnamon Toast Crunch™ Mini French Toast		2 Grain	200	10
100-18000-37308-3	Pillsbury™ Trix™ Mini French Toast		2 Grain	190	10
100-18000-27852-4	Pillsbury™ Frudel™ Apple		2 Grain	270	9
100-18000-27851-7	Pillsbury™ Frudel™ Cherry		2 Grain	270	9
100-18000-33686-6	Pillsbury™ Mini Cinnis		2 Grain	280	14
100-18000-13184-3	Pillsbury™ Caramel Mini Cinnis		2 Grain	280	10
100-18000-49979-0	Pillsbury™ Filled Crescent Chocolate		2 Grain	280	9
100-18000-49978-3	Pillsbury™ Filled Crescent Grape		2 Grain	260	7
100-18000-10978-1	Pillsbury™ Soft Filled Cinnamon Toast Crunch™ Bar		2 Grain	290	13
100-16000-17364-1	Nature Valley™ Soft Oatmeal Round Banana Chocolate Chip		2 Grain	240	14
100-16000-17365-8	Nature Valley™ Soft Oatmeal Round Apple Cinnamon		2 Grain	240	13
BULK BAKERY					
100-94562-11113-4	Pillsbury™ K-12 Whole Grain Muffin Top Blueberry Place & Bake™ Batter		1 Grain	140	12
100-94562-11114-1	Pillsbury™ Whole Grain Muffin Top Chocolate Chip Place & Bake™ Batter		1 Grain	135	14
100-94562-31665-2	Pillsbury Place & Bake Corn Muffin Batter Pucks		1.5 Grain	140	8
100-94562-08046-1	Pillsbury™ TubeSet™ Muffin Batter Corn Muffin		2.25 Grain	320	19
100-94562-10145-6	Pillsbury™ Frozen Pie Dough Sheet (10"x12")		1.25 Grain	140	1
100-94562-11111-0	Pillsbury™ K-12 Freezer-to-Oven Whole Grain Cinnamon Roll Dough 2.7 oz		2 Grain	360	10
100-94562-05357-1	Pillsbury™ Supreme™ Place & Bake™ Freezer-to-Oven Cinnamon Roll Dough 1.5 oz		1 Grain	210	4
CUP CEREAL					
100-16000-22489-3	25% Less Sugar* Lucky Charms™		2 Grain	440	12
100-16000-14886-1	25% Less Sugar* Cinnamon Toast Crunch™		2 Grain	320	11
100-16000-14885-4	25% Less Sugar* Cocoa Puffs™		2 Grain	230	12
100-16000-19567-4	25% Less Sugar* Trix™		2 Grain	320	12
100-16000-17262-0	Blueberry Chex™		2 Grain	320	11
100-16000-14883-0	Cinnamon Chex™		2 Grain	340	12
100-16000-18448-7	Honey Cheerios™		2 Grain	340	12

UPC	PRODUCT DESCRIPTION	DISTRIBUTOR CODE	MEAL PATTERN EQUIVALENCY	SODIUM (MG)	ADDED SUGARS (G)
BOWLPACK CEREAL					
100-16000-31879-0	25% Less Sugar* Apple Cinnamon Cheerios™ NEWLY RENOVATED!		1 Grain	130	6
100-16000-11943-4	25% Less Sugar* Golden Grahams™ NEWLY RENOVATED!		1 Grain	240	6
100-16000-22488-6	25% Less Sugar* Lucky Charms™		1 Grain	220	6
100-16000-29444-5	25% Less Sugar* Cinnamon Toast Crunch™		1 Grain	160	6
100-16000-31888-2	25% Less Sugar* Cocoa Puffs™		1 Grain	125	6
100-16000-31922-3	25% Less Sugar* Trix™		1 Grain	160	6
100-16000-18446-3	Blueberry Chex™		1 Grain	160	6
100-16000-32262-9	Cheerios™		1 Grain	140	1
100-16000-38387-3	Cinnamon Chex™		1 Grain	160	6
100-16000-33213-0	Corn Chex™		1 Grain	200	3
100-16000-11768-3	Frosted Corn Flakes™ NEWLY RENOVATED!		1 Grain	180	6
100-16000-18447-0	Honey Cheerios™		1 Grain	170	6
100-16000-11942-7	Kix™		0.5 Grain	100	2
100-16000-32263-6	Multigrain Cheerios™		1 Grain	105	6
100-16000-31921-6	Rice Chex™		1 Grain	230	2
100-16000-12392-9	Total™ Raisin Bran		1 Grain	140	7
BULK CEREAL					
100-16000-23132-7	25% Less Sugar* Nature Valley™ Cinnamon Granola NEW!		1 Grain	65	4
100-16000-11977-9	Cheerios™		1.25 Grain	190	1
100-16000-13326-3	Corn Chex™		1.25 Grain	280	4
100-16000-21113-8	Honey Cheerios™		1.5 Grain	250	9
100-16000-11965-6	Kix™		1.25 Grain	220	4
100-16000-13325-6	Rice Chex™		1.5 Grain	310	3
100-16000-11663-1	Total™ Raisin Bran		2.25 Grain	280	13
1 GRAIN CEREAL BARS					
100-16000-45576-1	Cinnamon Toast Crunch™		1 Grain	120	8
100-16000-45577-8	Cocoa Puffs™		1 Grain	105	8
100-16000-31913-1	Golden Grahams™		1 Grain	115	9
100-16000-31914-8	Team Cheerios™		1 Grain	90	9
100-16000-31915-5	Trix™		1 Grain	105	9
2 GRAIN CEREAL BARS					
100-16000-16854-8	Cinnamon Toast Crunch™		2 Grain	200	14
100-16000-16853-1	Lucky Charms™		2 Grain	170	15
100-16000-20688-5	Cocoa Puffs™		2 Grain	180	14
YOGURT					
100-70470-49295-4	Yoplait® Simply Go-GURT® Strawberry		0.5 MA	30	3
100-70470-19592-3	Yoplait® Simply Go-GURT® Mixed Berry		0.5 MA	30	3
000-70470-17725-0	Yoplait® Trix™ Raspberry Rainbow		1 MA	65	5
000-70470-17726-7	Yoplait® Trix™ Strawberry Banana Bash		1 MA	65	5
100-70470-31077-7	Yoplait® Trix™ Triple Cherry		1 MA	65	5
100-70470-41167-2	Yoplait® ParfaitPro® Greek Yogurt Fat Free Vanilla		1.5 MA / 6 oz	60	8
100-70470-20824-1	Yoplait® ParfaitPro® Low Fat Reduced Sugar** Vanilla		1.5 MA / 6 oz	100	8
100-70470-00438-9	Yoplait® Original Plain Tub		1.5 MA / 6 oz	125	0
100-70470-00643-4	Yoplait® Light Fat Free Very Vanilla		1.5 MA/6 oz	75	1
100-70470-00655-7	Yoplait® Light Fat Free Harvest Peach		1.5 MA/6 oz	75	1
100-70470-19735-4	Yoplait® Light Yogurt Variety Pack - Strawberry/Strawberry Banana		1 MA/4 oz	55	1
000-70470-48362-7	Yoplait® Light Yogurt Variety Pack - Very Vanilla/Blueberry Patch		1 MA/4 oz	55	1

MENU STUDENT FAVORITE GENERAL MILLS FOODSERVICE PRODUCTS WHILE STAYING WITHIN WEEKLY SODIUM & ADDED SUGARS LIMITS!

Sample Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grain/Meat/ Meat Alternate					
	Pillsbury™ Breakfast Scrambler Egg, Cheese & Turkey Sausage <i>2 GRAIN & 1 M/MA</i>	Breakfast Sandwich with Pillsbury™ Whole Grain-Rich Baked Biscuit <i>2 GRAIN & 1.5 M/MA</i>	25% Less Sugar Cocoa Puffs™ Cereal Cup <i>2 GRAIN</i>	Trix™ Cereal Bar <i>1 GRAIN</i> Cheese Stick <i>1 M/MA</i>	Cinnamon Toast Crunch™ Muffin <i>2 GRAIN</i>
Fruit	Pears Sliced Strawberries	Mixed Fruit	Mixed Berries	Orange Wedges Fruit Juice, 4 oz	Small Banana Orange Juice, 4 oz
Milk	Fat Free Milk, Plain or 1% Milk, Plain or 1% Chocolate Milk	Fat Free Milk, Plain or 1% Milk, Plain	Fat Free Milk, Plain or 1% Milk, Plain	Fat Free Milk, Plain or 1% Milk, Plain	Fat Free Milk, Plain or 1% Milk, Plain
Total Sodium	535	565	340	420	
Calories	420	455	380	425	560
Added Sugars (g)	5	2	12	8	20
Saturated Fat (g)	4.5	10	0.75	3.25	3.75

SODIUM WEEKLY AVERAGE: ~447 MG

% CALORIES FROM ADDED SUGARS: ~8.5%

Weekly Averages: •Calories: ~450 •Calories from Saturated Fat: ~9%

¹Weekly average sodium limit for K-5 at breakfast starting School Year 27-28.

²Sodium content has been reduced from 580mg to 430mg per serving.

³25% Less Sugar Lucky Charms™ compared to Original Lucky Charms™. No reduction in calories. Sugar content has been reduced from 9g to 6g per serving (per 1 oz.); 25% Less Sugar Cocoa Puffs™ compared to Original Cocoa Puffs™. No reduction in calories. Sugar content has been reduced from 10g to 6g per serving (per 1 oz.); 25% Less Sugar Trix™ compared to Original Trix™. No reduction in calories. Sugar content has been reduced from 8g to 6g per serving (per 1 oz.); 25% Less Sugar Cinnamon Toast Crunch™ compared to Original Cinnamon Toast Crunch™. No reduction in calories. Sugar content has been reduced from 8g to 6g per serving (per 1 oz.); 25% Less Sugar Apple Cinnamon Cheerios™ compared to original Apple Cinnamon Cheerios™. No reduction in calories. Sugar content has been reduced from 9g to 6g per serving.; 25% Less Sugar Golden Grahams™ compared to original Golden Grahams™. No reduction in calories. Sugar content has been reduced from 9g to 6g per serving.; 25% Less Sugar Nature Valley™ Cinnamon Granola Cereal compared to Nature Valley™ Protein Oats & Honey Granola. No reduction in calories. Sugar content has been reduced from 7g to 5g per 28g serving.

⁴Yoplait® ParfaitPro® Reduced Sugar Yogurt has 14g sugar per 6-oz serving; Regular contains 21g sugar per 6-oz serving

Cheerios

**Cinnamon
Toast
Crunch**

NATURE VALLEY

Pillsbury

Yoplait

**General Mills
FOODSERVICE**

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