



DELIVERING DYSPHAGIA YOGURT SOLUTIONS YOUR RESIDENTS LOVE

Dysphagia impacts an estimated 15% of the elderly population. These individuals can fall short on nutrient recommendations – such as key vitamins, minerals and protein, due to difficulty swallowing. At General Mills, we're here to help you serve foods that deliver the nutrients they need with the scarce kitchen time and resources you have.

Did you know? We have a host of Yoplait® yogurts that naturally meet the right texture for IDDSI levels* – no modification necessary.

*International Dysphagia Diet Standardization Initiative

Check out our full dysphagia resources at generalmillscf.com/industries/healthcare



Yoplait® Light Yogurt 4 oz Blueberry/Vanilla, Dysphagia Level 4



Yoplait® Original Raspberry 4 oz, Dysphagia Level 7



Yogurts for the Dysphagia Levels You Need

From Yoplait® - the #1 foodservice yogurt brand¹!

Many older adults don't get the nutrition they need because of difficulty swallowing – we can help! Our IDDSI product designations make it easy on your operation *and* satisfying for patients with dysphagia.



Bulk Yogurt

Product	UPC Code	Case Count	IDDSI Level ³
YOPLAIT® PARFAITPRO®, 64 OZ			
Low Fat Blueberry	100-70470-16067-2	6/64 OZ	4
Low Fat Vanilla	100-70470-16632-9	6/64 OZ	4
Low Fat Strawberry	100-70470-16631-2	6/64 OZ	4
MAX Low Fat Vanilla	100-70470-32072-1	6/64 OZ	4
Greek Vanilla	100-70470-41167-2	6/64 OZ	4
MOUNTAIN HIGH™ BULK YOGURT, 32 OZ			
Original Plain	100-75270-001603	6/32 OZ	4

Product	UPC Code	Case Count	IDDSI Level ³
YOPLAIT® BULK ORIGINAL YOGURT, 32 OZ			
Low Fat Plain	100-70470-00438-6	6/32 OZ	4
Low Fat Strawberry	100-70470-00430-0	6/32 OZ	4
Low Fat Vanilla	100-70470-00439-3	6/32 OZ	4
YOPLAIT® BULK GREEK YOGURT, 32 OZ			
Greek Plain	100-70470-38414-3	6/32 OZ	4
Greek Vanilla	100-70470-49051-6	6/32 OZ	4

Cup Yogurt

Product	UPC Code	Case Count	IDDSI Level ²
YOPLAIT® ORIGINAL, 4 OZ			
Variety: Strawberry, Strawberry Banana	000-70470-17729-8	48/4 OZ	4, 4
Variety: Raspberry, Peach	000-70470-17728-1	48/4 OZ	4, 4
YOPLAIT® LIGHT, 4 OZ			
Variety: Blueberry, Vanilla	000-70470-48362-7	48/4 OZ	4, 4
Variety: Strawberry, Strawberry Banana	100-70470-19735-4	48/4 OZ	4, 4
YOPLAIT® SMOOTH, 4 OZ			
Horchata	100-70470-15675-7	48/4 OZ	4
Strawberry	100-70470-15677-1	48/4 OZ	4
Vanilla	100-70470-15676-4	48/4 OZ	4
YOPLAIT® WHIPS!® (FAT FREE), 4 OZ			
Chocolate	100-70470-28447-4	12/4 OZ	4
Key Lime Pie	100-70470-00128-6	12/4 OZ	4
Orange Crème	100-70470-00129-3	12/4 OZ	4
Raspberry Mousse	100-70470-00127-9	12/4 OZ	4
Strawberry Mist	100-70470-00109-5	12/4 OZ	4
Vanilla Crème	100-70470-27831-2	12/4 OZ	4
YOPLAIT® GREEK 100 WHIPS!®, 4 OZ			
Strawberry Cheesecake	100-70470-44614-8	12/4 OZ	4
Vanilla Cupcake	100-70470-44616-2	12/4 OZ	4
YOPLAIT® GREEK, 3.5 OZ			
Blueberry	100-70470-49159-9	12/3.5 OZ	7
Strawberry	100-70470-49158-5	12/3.5 OZ	4
YOPLAIT® GREEK, 5.3 OZ			
Blueberry	100-70470-45916-2	12/5.3 OZ	7
Strawberry Raspberry	100-70470-45915-5	12/5.3 OZ	6
Vanilla	100-70470-45913-1	12/5.3 OZ	4
YOPLAIT® LACTOSE FREE, 6 OZ			
French Vanilla	100-70470-45726-7	12/5.3 OZ	4
Strawberry	100-70470-45725-0	12/5.3 OZ	7

Product	UPC Code	Case Count	IDDSI Level ³
YOPLAIT® ORIGINAL, 6 OZ			
French Vanilla	100-70470-00323-5	12/6 OZ	4
Harvest Peach	100-70470-00307-5	12/6 OZ	7
Lemon Burst	100-70470-00306-8	12/6 OZ	4
Mixed Berry	100-70470-00310-5	12/6 OZ	7
Mountain Blueberry	100-70470-00302-0	12/6 OZ	7
Red Raspberry	100-70470-00301-3	12/6 OZ	7
Strawberry	100-70470-00300-6	12/6 OZ	7
Strawberry Banana	100-70470-00313-6	12/6 OZ	7
YOPLAIT® LIGHT (FAT FREE), 6 OZ			
Blueberry Patch	100-70470-00652-6	12/6 OZ	6
Key Lime Pie	100-70470-00665-9	12/6 OZ	4
Red Raspberry	100-70470-00651-9	12/6 OZ	7
Strawberry	100-70470-00650-2	12/6 OZ	6
Strawberry Banana	100-70470-00654-0	12/6 OZ	7
Very Vanilla	100-70470-00643-4	12/6 OZ	4
OUI® BY YOPLAIT®, FRENCH-STYLE YOGURT, 5 OZ			
Black Cherry	100-70470-49654-9	8/5 OZ	7
Lemon	100-70470-49651-8	8/5 OZ	7*
Strawberry	100-7047-0496474	8/5 OZ	7
Vanilla	1007047-0496464	8/5 OZ	7*
SIMPLY...GO-GURT®, 2 OZ TUBE			
Strawberry	100-70470-49295-4	96/2 OZ	4
YOPLAIT® GREEK 100 PROTEIN, 5.3 OZ			
Black Cherry	100-70470-43579-1	12/5.3 OZ	7
Blueberry	100-70470-45578-2	12/5.3 OZ	7
Peach	100-70470-43333-9	12/5.3 OZ	7
Strawberry	100-70470-43332-2	12/5.3 OZ	7
Strawberry Banana	100-70470-48605-2	12/5.3 OZ	7
Vanilla	100-70470-43329-2	12/5.3 OZ	7*

*Indicates 7 Easy to Chew level

**Handling and processing variability may occur; we recommend using your discretion to ensure servings meet IDDSI standards as needed by each patient.



generalmillscf.com
1-800-243-5687

¹ The NPD Group/SupplyTrack®, Yogurt in total foodservice channel, 12 months ending August 2019, in \$ & pounds

² <http://iddsi.org/framework>

³ Roche Dietitians, IDDSI Testing, 11/24/2020